Drug Status Report

Drug: Anabolic Extreme - Liver Support

Drug Name Status: Anabolic Extreme - Liver Support is the trade name.

Ingredients:

N-Acetyl-Cysteine Milk Thistle (80% standardized provides 480mg Silymarin) Alpha Lipoic Acid

Canadian Status:

N-Acetyl-Cysteine and Alpha Lipoic Acid have been reviewed previously and are not considered to be a controlled substances.

Milk thistle plant used as a liver treatment that is most well known for its ability to prevent death in death cap mushroom poisoning cases. Many Poison Control Centers across Europe carry the extract for this purpose. In Amanita poisoning, it reduces death rates¹. It contains silymarin (structure below).

Recommendation: The ingredients in Anabolic Extreme - Liver Support are not included in the schedules CDSA; Anabolic Extreme - Liver Support is not a controlled substance.

May 26, 2008

 $^{^{1}\}underline{\text{http://www.florahealth.com/flora/home/Canada/HealthInformation/Encyclopedias/}}\\ MilkThistle.htm$